



CUSTOMER INFORMATION AND CONSENT

NuYu Teeth Whitening rapidly produces a noticeably brighter and whiter smile for staining caused by coffee, tea, tobacco, and red wine along with some cases of intrinsic staining. Our products can whiten accumulated stains on veneers and crowns back to their original color. NuYu Teeth Whitening pens can be purchased separately to help maintain and improve teeth whiteness when used regularly and as directed.

WHAT TO EXPECT

Most people with healthy teeth and gums will experience no discomfort during the NuYu Teeth Whitening process. If you have any adverse reactions to whitening agents such as carbamide or hydrogen peroxide, or are not sure, please consult your dentist prior to having your teeth whitened. A tingling or slight sensitivity is normal and not harmful to your gums or enamel. Occasionally, gum or lip discomfort is experienced by particularly sensitive individuals. To prevent this, lightly coat the affected areas with Vitamin E. For teeth sensitivity it is best to use a Potassium Nitrate/Fluoride mix such as Sensodyne toothpaste. Following the treatment for those individuals who have sensitive teeth and/or gums, it should subside within 24 hours.

EXCLUSIONS FOR TREATMENT: (Please check those that apply)

- Have allergies or reactions to either carbamide, peroxide or glycerin.
- Have existing tooth decay, periodontal disease or gingivitis. This could cause burning to the gums.
- Are photosensitive to light or on any photosensitive drugs.
- Are pregnant, suspected of being, or are breastfeeding.
- Under the age of 18.
- Have had oral surgery or extractions within the last 28 days.
- Are wearing a piercing or metal object in the oral cavity. (Please remove, as they may turn black).
- Veneers or crowns will only whiten back to their original colors
- Sensitivity cold or hot.
- There can be blanching on the gums. If the gums have a white spots rub vitamin E on the gums it will go away. If someone has receding gums this may occur.
- White spot on the teeth is normal as we are opening the pores in the teeth. They will go away in a few hours nothing to be alarmed by.
- If burning occurs on the gums it is due to a pre-existing dental issue.

AFTERCARE AND FOLLOW UP

- For 1 hour following their treatment only drink water.
For a minimum of 24 hours after the process, avoid consuming coffee, tea, dark colored soda, red wine, berries, candy, red sauces, beets, chocolate or any other foods that have a propensity to stain your teeth. A good guideline is, if it stains a white shirt, it will stain your teeth. Of course, brush and floss as directed by your dentist.

There is no definite answer as to how long the whitening effect will last; this is highly dependent on many individual factors, including the current condition and age of your teeth, diet, alcohol and tobacco consumption, genetics and dental, general and periodontal health. It is recommended that you use the whitening pen as directed for days after your first whitening treatment to help blend, maintain and brighten your smile longer.

ACKNOWLEDGEMENT

I HAVE READ AND UNDERSTAND ABOVE, AND CERTIFY THAT I HAVE HEALTHY TEETH AND GUMS AND I AM NOT PREGNANT, BREASTFEEDING, UNDER THE AGE OF 18, HAVE HAD NO ORAL SURGERY IN THE PAST 28 DAYS, NOT ALLERGIC TO CARBAMIDE /HYDROGEN PEROXIDE, NOT TAKING MEDICATION THAT WOULD CAUSE ME TO BE PHOTSENSITIVE TO LIGHT, HAVE NO EXISTING PERIODONTAL DISEASE, NO OPEN CAVITIES, AND THAT I HAVE CONSULTED MY DENTIST ABOUT TEETH WHITENING AND I AM CONSIDERED TO BE A GOOD CANDIDATE



NAME (PLEASE PRINT)

DATE

SIGNATURE

NUMBER



Post Treatment Instructions

Tooth stains are caused by what we inhale, eat, and drink. It is important to follow these instructions to continue maintaining and get 2-3 more shades whiter teeth. Results achieved from our teeth whitening system can last up to two years, but it is dependent on your habits.

The first 24 -48 hours are the most important. Teeth whitening can leave the outer layer of the teeth, the enamel, porous and more vulnerable to absorbing stains. Please follow the instructions below for best results.

FOR 1 HOUR FOLLOWING THE TREATMENT ONLY WATER SHOULD BE CONSUMED
CLIENTS CAN RETURN ONCE PER MONTH FOR ADDITIONAL TREATMENTS

1. Avoid dark food & drinks for 24-48 hours
 - a. Coffee
 - b. Tea
 - c. Red Wine
 - d. Blueberries
 - e. Curries
 - f. Marinara Sauce
 - g. Dark Sodas
 - h. Or any other dark pigmented food or drink.
 - i. Anything that can stain a white shirt should be avoided
2. Whitening Pen
 - a. Minimum of two weeks
 - b. Use Nightly to optimize results
 - c. For best results use 4-6 weeks.
 - d. Whitening pens lasts up to 30-60 applications
 - e. Once it's saturated it will be good for 3-4 uses before having to fill it again.
3. Whitening Pen Instructions
 - a. Brush Teeth (optional)
 - b. Saturate pen bristles by twisting the base
 - c. DO NOT overfill applicator brush
 - d. May take up to 60 twists before seeing gel in middle of bristles
 - e. Brush whitening gel onto the teeth
 - f. Gently bite down while relaxing jaw and lips
 - g. Wait 20 minutes
 - h. Remove and rinse tray and mouth with warm water